

HFN IMPACT



**NCDC DECLARES
CHOLERA OUTBREAK
IN NIGERIA**



Monthly Newsletter

Volume 04 | Issue 07 | HFN IMPACT

July 2024

Announcements

WELCOME aboard the July 2024 edition of HFN IMPACT! We're thrilled to have you join us as we embark on a journey to champion healthcare equity throughout Nigeria. Get ready for an exhilarating ride filled with exciting activities, groundbreaking updates, and inspiring projects that are shaping the future of healthcare in our nation.

NEWS:

Nurse A School Launch

- Erin Ijesha Community High School, Osun State

Call for HFN Volunteers!

<https://bit.ly/hfnvolunteers-information>

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MEET THE HFN ADVISORY BOARD



Dr. Remi Duyile

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a project manager with over 35 years of combined experience. Dr. Duyile is a member of the Forbes Coaching Council and founder of Legacy Premier Foundation she is also a certified John Maxwell coach, and a Les Brown Platinum Speaker and trainer.



Dr. Oluremi Ilupeju

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist, and a fellow of the American College of Obstetricians and Gynecologists, with offices in Greenbelt and Silver Spring, Maryland, USA. Dr. Ilupeju has contributed immensely to healthcare advancement in Nigeria, evident through his trade and humanitarian missions to Osun, Ondo, Lagos, and Oyo states.



Dr. Fola Oluwehinmi

Dr. Oluwehinmi is a primary care physician board-certified in internal medicine and geriatrics with over 16 years of clinical experience and 29 years of combined professional experience. His goal is to help his patients compress morbidity and illness and improve their quality of life in a compassionate and caring way.



Mr. Mkrtych Kirakosyan

Mr. Kirakosyan holds an MBA from the Higher School of Business at Moscow State University. With a wealth of experience in both local and international trading, he has also excelled in leadership roles as a top manager of a bank, an insurance company, and a mining company. Additionally, he proudly serves as the co-founder and CEO of the Social Development Foundation, "Health For Armenia".

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA LAUNCHING EVENT

HFN IMPACT SNAPSHOT



12 School Sickbays Established



Over 30,000 Students Seen by HFN Nurses



Across 6 States and 12 Communities in Nigeria



Healthcare Services for 6000+ Nigerians



Over 1000 Faculty and Staff attended by HFN Nurses

NURSE A SCHOOL ACTIVITIES

This month, we are celebrating the impactful efforts of Health for Nigeria (HFN) through the Nurse A School (NAS) program, which is transforming communities in our partner states. Our committed nurses spearhead health promotion campaigns and lead educational sessions to share vital knowledge.

As of June 2024, Nigeria is facing a significant Cholera outbreak, with 1,141 suspected cases and 30 deaths



reported across 96 local government areas in 30 states. The most affected states, contributing to 90% of the cases, are Bayelsa, Zamfara, Abia, Cross River, Bauchi, Delta, Katsina, Imo, Nasarawa, and Lagos.

HFN nurses are actively working to control the outbreak in schools and their various communities.

The nurses actively involve students by instructing them on essential measures at school, emphasizing the significance of good hygiene practices, the dangers associated with contaminated



water and food, and the importance of promptly seeking medical attention if Cholera symptoms appear. This education is



crucial in mitigating the spread of cholera within the community. **Stay Informed! Stay Safe!! Together we can prevent subsequent CHOLERA OUTBREAKS!!!**



NURSE A SCHOOL ACTIVITIES

During the School Health Club meeting at Oreki High School in Oghareki, Delta, Nurse Amadin Joy



passionately educated students about stomach ulcers. She delivered comprehensive information in an engaging and accessible manner, distinguishing between peptic ulcers (gastric and duodenal) and esophageal ulcers. Nurse Amadin

emphasized the importance of early symptom recognition and seeking medical advice promptly. Her session ensured that students gained a thorough understanding of ulcers, including their causes, symptoms, treatment options, and preventive measures.

In Ekunle High School 2, Iseyin, Oyo State, Nurse Adesina informed students about water purification and its importance to health and safety. She



discussed common contaminants in water such as **Biological Contaminants:** bacteria, viruses, protozoa, **Chemical Contaminants:** pesticides, heavy metals, and industrial chemicals, and **Physical Contaminants:** sediments, dirt, and debris.

She shared the impact of contaminated water and provided information on diseases caused by contaminated water and their symptoms. It was an interactive discussion as students were allowed to ask questions and discuss doubts they had about water purification.



NURSE A SCHOOL ACTIVITIES (CONT'D)



As the issue of sexual abuse among female children and adolescent pregnancy gains widespread recognition in our society, there is a growing focus on understanding the relationship between early abuse and teenage pregnancy. Nurse Omotoso at St. Monicas

Secondary School in Ondo met with all the School Health Club members to educate them about sexual abuse, teenage pregnancy, and their impact.



At Community Comprehensive High School in Awo, Ekiti State, Nurse Abiodun Mercy made a significant impact by engaging, educating, and mentoring students during a recent School Health Club meeting. She addressed a wide range of topics essential for physical

wellness. She emphasized the importance of regular exercise, explaining how physical activity enhances overall health and well-being. Offering practical advice, she suggested integrating exercise into daily routines, promoting activities such as sports, dancing, or even regular walks. Her message urged students to proactively manage their health, seek credible information, and foster mutual support in adopting healthy lifestyle habits.



NURSE A SCHOOL ACTIVITIES (CONT'D)

Children are inherently more vulnerable to many toxic environmental pollutants than adults. Our



Nurses are doing a great job in their various locations to ensure the students and staff stay healthy and empower them to make healthier choices. One of the key areas of focus is

hygiene. Our nurses are actively educating students on the importance of personal hygiene practices to prevent the spread of infections and diseases. They emphasize regular handwashing with soap and water, especially before meals and after using the restroom. This simple yet effective habit can significantly reduce the transmission of germs and illnesses.



The pictures below show the treatment students received from our various locations. Health For Nigeria remains committed to improving access to health care for all.



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THANK YOU to all our Donors, Sponsors and Partners.

DONOR SPOTLIGHT

Dr. & Dr. Mrs. Akinjaiyeju



Our donor spotlight for this month are Dr. & Dr. Mrs. Akinjaiyeju of Cornerstone Grace in El Paso, Texas, USA. They are both healthcare professionals passionate about health and wellness and also about the welfare of people. They have both supported the establishment of Nurse A School Sickbay in Abuja, Nigeria. HFN says a BIG THANK YOU!

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