



HEALTH
FOR
NIGERIA

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SINCE 2019

HFN²⁰²⁴ REPORT

OUR PROGRESS WITH HEALING, LEADING, AND
TRANSFORMING THE HEALTH OF RURAL COMMUNITIES
IN NIGERIA

TABLE OF CONTENTS

III	From the Desk of the Founder	23	Baptist Grammar School
IV	Meet the HFN Advisory Board	26	Oreki Secondary School
V	Meet the HFN Leadership Team	29	Bashorun Ojoo High School
1	Introduction	31	Ekunle High School 1
2	NAS Prprogram Strategy	34	Ekunle High School 2
3	Our Program Impacts	37	Erin Community Grammar School
4	General Report	38	St Stephen's Grammar School
8	Community Comprehensive High School	42	Other Program Activities
11	Comprehensive High School	47	Financial Report for 2024
14	Kayarda Junior Secondary School	51	Sponsor A Nurse!
17	St Monica's Girls' Grammar School	52	Acknowledgement
20	Methodist Girl's Grammar School		

FROM THE DESK OF THE FOUNDER



Dear Friends, Supporters, and Partners,

As we reflect on another year of growth and impact, I am filled with immense gratitude for the journey of Health For Nigeria (HFN). When I founded this organization in honor of my late mother, Mrs. Gladys Mowaninuola Akintade, my vision was clear—to ensure that no Nigerian suffers or dies from preventable healthcare challenges. Today, HFN stands as a beacon of hope, driven by our mission to expand access to quality primary healthcare for every Nigerian, regardless of socioeconomic status or location.

This year, we continued to touch lives in extraordinary ways. Through our flagship Nurse A School Program, we not only provided essential healthcare services to thousands of students but also supported their teachers and communities. The health clubs within these schools have become vibrant hubs of education and empowerment, shaping a healthier generation. Additionally, our community outreach initiatives have reached underserved areas, offering critical interventions that save lives and build trust in healthcare systems.

Our donors, sponsors, and supporters have been instrumental in making these achievements possible. Your belief in our mission fuels every program we implement and every life we impact. To you, I say thank you for standing with us as we tackle healthcare challenges one step at a time.

Looking ahead to 2025, HFN is poised for even greater strides. We plan to strengthen our workforce, expand community engagement efforts, and ensure the sustainability of our programs through strategic fundraising. Additionally, we will enhance the health clubs within our clinics, transforming them into centers of innovation and collaboration. These initiatives will not only deepen our impact but also ensure that HFN remains a driving force in creating a healthier Nigeria.

Together, we are building a future where every Nigerian can access quality healthcare. I invite you to continue this journey with us—through your support, your advocacy, and your belief in the transformative power of healthcare. Let us remain steadfast in our vision and committed to the values that guide our work: **accountability, collaboration, quality, and leadership.**

With gratitude and hope,

Prof. Abimbola "Bim" Akintade
Founder, Health For Nigeria

MEET THE HFN ADVISORY BOARD



Dr. Remi Duyile

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a project manager with over 35 years of combined experience. Dr. Duyile is a member of the Forbes Coaching Council and founder of Legacy Premier Foundation she is also a certified John Maxwell coach, and a Les Brown Platinum Speaker and trainer.



Dr. Oluremi Ilupeju

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist and a fellow of the American College of Obstetricians and Gynecologists. He is the CEO and Medical Director for both Assured Access Medical Associates and Assured Access Mental Health Services, medical practices that provide medical, physical, and mental health services to individuals who have become homebound or bedridden and, therefore, lack access to quality healthcare due to loss of mobility.



Dr. Fola Oluwehinmi

Dr. Oluwehinmi is a primary care physician board certified in Internal Medicine & Geriatrics and a fellow of the American College of Physicians. He has extensive clinical and professional. He aims to help his patients compress morbidity and illness and improve quality of life in a compassionate and caring way.



Mr. Mkrtych Kirakosyan

Mr. Kirakosyan holds an MBA from the Higher School of Business at Moscow State University. With a wealth of experience in both local and international trading, he has also excelled in leadership roles as a top manager of a bank, an insurance company, and a mining company. Additionally, he proudly serves as the co-founder and CEO of the Social Development Foundation, "Health For Armenia".

MEET THE HFN LEADERSHIP TEAM



Dr. Bim Akintade (Founder)

Dr. Bim Akintade is a Professor and Dean of the College of Nursing at East Carolina University, Greenville, North Carolina. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals, and more. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



Titus Oluwalade (Executive Director)

Mr. Oluwalade is a Clinical Supervisor and Registered Nurse with over 18 years of experience in Med-Surg, Psychiatric, and Telemetry Units both in Nigeria & the US. He excels in leading multidisciplinary teams, optimizing patient care, and implementing evidence-based protocols. Currently at George Washington University Hospital, Titus focuses on stroke and epilepsy care. He holds a Bachelor's in Nursing and is pursuing a Master's in Leadership and Management at George Washington University, reflecting his commitment to advancing nursing practice and patient care quality.



Ruth Fasanya (Senior Operations Coordinator)

Ms. Fasanya is an articulate and accomplished HR/Administrative executive with over 5 years of experience in office administration operations and management. She has contributed significantly to organizational growth via innovative approaches to self-development.



Luro Adeola (Nurse A School Nursing Coordinator)

Mr. Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make a significant contribution to HFN. Adeola joined HFN as the school nurse at our location in Ondo State and has grown into the role of the Nurse A School Program Coordinator.



Busayo Akindolie (Technical Advisor)

Ms. Busayo Mabel Akindolie is a global health professional with a BHSc in Biomedical sciences and an MHSc in Global Health Systems. She brings over five years of experience in program design, research, and stakeholder engagement, specializing in mixed-methods research, project management, and gender-responsive program development. With expertise in data analysis, technical writing, and cross-cultural collaboration, Busayo is committed to advancing Sustainable Development Goals and delivering impactful, evidence-based solutions.



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For more inquiries
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Health For Nigeria

We are a non-profit health organization that assists state governments in achieving their basic primary healthcare goals.

Our amazing team of healthcare professionals and leaders are committed to improving access to health care for all Nigerians.

Programs We Offer

Health For Nigeria has community-based and impact-driven programs in place to mobilize its mission. Explore each of them today!

- ✓ **Nurse a School Program**
- ✓ **Learning and Development Program**
- ✓ **Adopt a Primary Healthcare Center**
- ✓ **Strategic Partnership**

Get Started Today!

If you're ready to help Nigeria's healthcare flourish, choose among these means of putting it into action. We're excited to partner with you



OUR MISSION

To mobilize a movement of leaders, expanding access to high-quality primary medical care services to all Nigerians.

OUR VISION

We envision a Nigeria where all people, regardless of their geographic or socio-economic circumstances, have the opportunity to access high-quality and affordable primary medical care services.

www.healthfornigeria.org

INTRODUCTION

Health For Nigeria's Nurse A School (NAS) program is currently running in 12 schools across 6 states (3 in Ondo, 3 in Oyo, 2 in Ekiti, 1 in F.C.T Abuja, 2 in Osun and 1 in Delta State) providing primary healthcare to approximately 13,400 persons in the different schools and host communities. We added another school clinic in the Erin Community Grammar School, Erin-Ijesha, Osun State to the program during the year, which launched on the 4th of October 2024. This annual report covers the period between the 8th of January 2024 when the schools resumed for the year and the 13th of December 2024, when the schools closed for the year.

The school community, students and staff, have benefited from a wide range of health services through the "Nurse A School Program." The program's success has significantly impacted the general health of students, staff, and the community at large. The Total number of sickbay visits for the year is 4,900, from our 12 school clinics for services ranging from health counselling, wound care, first aid, routine blood pressure and random blood sugar tests, to Public Health Center referrals for serious cases. Follow-up and regular home visitations were conducted for students with chronic conditions such as sickle cell anemia to offer psychological support and counselling until recovery.

The school health nurses at the various schools regularly conducted Assembly Health Education on important health-related topics including; malaria, the importance of immunization, cholera prevention, food hygiene and water purification, wound care, healthy diets, etc. Regular Health Club meetings were conducted in the schools to guide students to be "health-smart and health-competent" through demonstrations and communication of health information. These School Health Club meetings (SHC) also emphasized health-oriented topics such as menstrual hygiene, prevention of sexually transmitted infections (STIs), demonstrations of cardiopulmonary resuscitation, oral hygiene, nutritional education, sexual harassment/assault, and so on. The total attendance for the year for the Health Club among students from all the schools was 13,537.

From 2020-2024, Health For Nigeria has been dedicated to implementing health-oriented initiatives that have contributed immensely to the general development, maintenance and restoration of health among students, staff and host communities. Our services are accessible to a combined population of 13,400 students, teachers, and school staff members. In 2024, we reached out to different groups within the communities. Approximately 1000 community members benefited from several community engagement outreach initiatives where their blood pressure and blood sugar tests were conducted for the purpose of early detection of hypertension and diabetes and hospital referrals.

NAS PROGRAM STRATEGY



Our founder in the middle with the Nurse a School Coordinator, Luro Adeola on the left and Nurse Omotosho Olufunmi on the right at one of the HFN sickbays in Ondo State

PROJECTS	DETAILS	OUTCOME
School SickBays	Employs registered nurses in schools where sickbays are non-existent	12 established sickbays, providing adequate care to students, teachers, and school staff members
School Health Clubs	Our school nurses engage the students with health education to increase health awareness	This has led to increased health literacy in our students, improving overall health outcomes
Community Outreach Initiatives	Conducting community engagement activities to increase health awareness	Successful health campaigns that have been instrumental in health promotion activities

OUR PROGRAM IMPACTS

1

Reduction in Absenteeism

54.6% of students noted that having a school nurse reduced health-related absences.

2

Better Health Outcomes

The availability of healthcare in schools enhances student health outcomes and boosts their confidence in managing well-being.

3

Mental Health Support

Students benefit from the school nurse's counselling and emotional support, which helps them manage academic and social challenges.

4

Trust and Confidence

81% of students trust the school nurse, which is crucial for program success, leading to high satisfaction as students feel safe seeking help for their health.

5

Health Education Awareness

The establishment of a School health Clubs has been vital in educating students about health promotion behaviors.

6

Community Transformation

Communities with the NAS program have improved health outcomes through health promotion initiatives.

GENERAL REPORT

- The NAS program runs in 12 schools across 6 states (3 in Ondo, 3 in Oyo, 2 in Ekiti, 1 in F.C.T Abuja, 2 in Osun and 1 in Delta State).
- The total number of clinic sickbay visits for the year is 5,900 visits from our 12 sickbays, an 8% reduction from the previous year, signifying improvement in the health of the school community.
- The School Health Clubs established in all the schools also remain impactful with a total attendance of 13,537 recorded, a 69% increase over the previous year. The School Health Club meetings (SHC) during the terms discussed topics ranging from personal hygiene, Cholera, parasitic worms, sexual assault, teenage pregnancy, CPR demonstrations etc.
- The nurses conducted assembly health education sessions on several topics including drug abuse, breast cancer, hand washing, wound care, first aid management personal hygiene, etc.
- Drugs and important medical supplies, including medical equipment, were made available for all the school clinics on request.
- The nurses regularly conduct assembly health inspections and assess the students' personal hygiene, including fingernails, socks, school uniform, hair, etc.
- All the nurses visited the homes of at least one student with a chronic medical condition or a special case. They also used this opportunity to educate and encourage parents and caregivers.

80%
REDUCTION
IN SCHOOL CLINIC
VISITS

SCHOOLS WHERE THE PROGRAM IS CURRENTLY RUNNING

NAME OF SCHOOL	LAUNCH DATE
Bashorun/Ojoo High School, Ibadan, Oyo state	19th November, 2020
Methodist Girls High School, Ifaki, Ekiti State	6th May, 2021
Community Comprehensive High School, Awo, Ekiti state	6th May, 2021
Comprehensive High School, Ode-Irele, Ondo State	15th July, 2021
Ekunle High School 1, Iseyin, Oyo State	3rd November, 2021
St. Stephens Grammar School, Ondo State	24th December, 2021
Ekunle High School 2, Iseyin, Oyo State	1st March, 2022
Baptist Grammar School, Iresi, Osun State	8th March, 2022
Junior Secondary School, Kayarda, Kuje Abuja	20th September, 2022
St. Monica Girls Grammar School, Ondo, Ondo State	16th November, 2022
Oreki Secondary School, Oghareki, Oghara, Delta State	23rd November, 2023
Erin Community Grammar School, Erin Ijesha, Osun State	4th of October, 2024



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CALL FOR SPONSORS AND DONORS!

HEALTH FOR NIGERIA is accepting donations to provide healthcare assistance and re-open public primary schools.

We are currently accepting financial support for medical supplies, nurse sponsorships, and other essential contributions. Your support will help sustain established sickbays in public schools across Nigeria

Naira Donation:

Fidelity Bank
Name: Progressive Health for Nigeria
Foundation
Account No: 5600524908

**For more information, contact Ruth
Fasanya at +234 706 463 4724**

Dollar Donations

First National Bank
Name: Progressive Health for Nigeria
Foundation
Account No: 734 578 412
PayPal: donate@healthfornigeria.org
Zelle: donate@healthfornigeria.org

Check www.healthfornigeria.org for more information!

PROGRAM REPORT FROM EACH SCHOOL

COMMUNITY COMPREHENSIVE HIGH SCHOOL AWO EKITI, EKITI STATE

Sponsor: Mrs. Bumi Adeyera

Healthcare Professional in Charge: Nurse Abiodun Mercy

The **Above Standard Healthcare and Consulting Nurse A School Program School Clinic** activities involved the management and treatment of several reported conditions including poorly treated wounds, sport-related injuries, allergic conditions, headaches, malarial symptoms, and menstruation-related issues, among other health concerns. A total of 551 visits were made to the sick bay for treatment, first aid management, routine check-up (blood pressure and blood sugar monitoring) and counselling. 29 home referrals and 10 PHC referrals were made with follow-up, along with 10 home visitations.

The nurse participated in awareness creation among adolescent female students (9-14 years) in preparation for the roll-out of HPV vaccinations. Community Health Extension Workers from the local PHC were also part of the vaccination process. The school nurse assisted them in the mobilization and education of the female students. The nurse also carried out sensitization on Cholera prevention during the national outbreak and encouraged the school administration to treat the water supply in the school.

DETAILS	OUTCOME
Total number of treated students	551
Total number of treated staff	389
Total number of treated students and staff	940
Total number of home referrals	19
Total number of PHC referrals	29
Total number of home visits	10

COMMUNITY COMPREHENSIVE HIGH SCHOOL

AWO EKITI, EKITI STATE

School Health Club (SHC) meetings are held every Friday of the week providing a platform for students and staff members to engage in health-related discussions including menstrual hygiene, puberty, sexually transmitted infections, adolescent mental health, hypertension, personal hygiene, water hygiene, and oral hygiene. The total attendance of SHC members was 5,691 and 55 new members joined the SHC this session.

DETAILS	OUTCOME
Number of SHC attendance	5691
Number of new students	55
Number of regular club members	380

Special Cases

- A child reported to the sick bay with razor blade cuts inflicted by the stepfather. The school nurse treated the wounds and escalated the case of child abuse to the school authority through the school counsellor. The parents were invited to the school but did not respond.
- Another student suffering from the psychological impact of sexual abuse and early exposure to sexual activities visited the sickbay for counselling. The nurse in charge provided appropriate counselling and informed the school authority about the sexual abuse case. The parents of the child were invited to the school, but no response was received. The nurse is currently collaborating with the two counsellors in the school to assist other students with related issues.

COMMUNITY COMPREHENSIVE HIGH SCHOOL

AWO EKITI, EKITI STATE



Some students at the School Health Club listening to a lecture by the nurse in charge

Community Programs

- A community engagement initiative was conducted on the 15th of April, 2024 in the Sabo Area of Awo-Ekiti. Health education was done on personal and environmental hygiene and the importance of adherence to drugs. House-to-house visits were also done to enlighten people on the risk factors for hypertension. A total of 43 people had their blood pressure checked with 5 people recording high BP. The affected persons were counselled appropriately and referred to the hospital.
- A community health outreach on July 27, 2024, at Awo Ekiti's central market provided participants with education on hypertension and cholera. Free blood pressure checks were performed for 38 people, with 8 having high readings. They were counseled and referred to a nearby health center, while known hypertensives received reminders to adhere to their medication regimen.

Other Organizations

- The Adolescent Girls Initiative for Learning and Empowerment (AGILE) project aimed at improving secondary education was introduced in the schools in Ekiti State. In recognition of our impact on the school and community, the Nurse-in-charge was made the Gender Advocate for the project in the school and collaborated with the counsellor to educate female students on gender-based violence (GBV) and report cases.
- Government officials from the Ministry of Education visited the sickbay as part of their supervisory visits on the 3rd of December 2024. They made enquiries about the operations of the organization and commended the 'Nurse A School' program as a timely and important initiative. They implored the school administration to be more supportive of the organization's goal to improve health of students, teachers, and staff of the school.

COMPREHENSIVE HIGH SCHOOL ODE-IRELE, ONDO STATE

Sponsor: Shola Ogunlaja (for the Ogunlaja Family)

Healthcare Professional in Charge: Nurse Luro Adeola & CHEW Adeyemi Elizabeth

The **Chief (Mrs.) Regina Rose Ogunlaja Nee Lebi Nurse A School Program School Clinic** has effectively managed various health conditions, ensuring timely assessment, intervention, and referral of major health issues. Through regular health assessments, the sick bay has facilitated early detection of diseases, enabling prompt treatment and reduction in the risk of complications. The clinic activities involved the management and treatment of commonly reported conditions including headache, malaria, burns, menstrual pain, gastric ulcer, and conjunctivitis among other health concerns.

A total of 423 visits were made to the sickbay for treatment, first aid management, check-ups, and counselling. 15 home referrals were made, and 13 Primary Health Centre referrals were made with follow-up done.

DETAILS	OUTCOME
Total number of treated students	338
Total number of treated staff	85
Total number of treated students & staff	423
Total number of home referrals	15
Total number of PHC referrals	13
Total number of home visits	0

COMPREHENSIVE HIGH SCHOOL

ODE-IRELE, ONDO STATE

Thirteen sessions of the School Health Club addressed important health issues ranging from first aid management, prevention of common illnesses, eye & dental care, food hygiene, malaria prevention, sexual education, cardiopulmonary resuscitation, waste management, and personal and community well-being. The total attendance for the SHC was 405. The challenges of communication and motivating senior classes to join remain, this can be resolved with the availability of audio-visual information, education and communication (IEC) materials.

DETAILS	OUTCOME
Number of club attendance	405
Number of new students	16
Number of regular club members	36

Awareness of the prevention of cholera was carried out in the school through the assembly health talk and School Health Club during the reported national outbreak. An organization, Impact Water, visited the school on the 18th of June 2024 to carry out health education on water safety and distribute water-purifying agents. The nurse assisted with guiding students on the usage and importance of water purifying agents.

In October, which is breast cancer awareness month, students were educated on what breast cancer is, its symptoms, causes, myths, and risk factors. Breast self-examinations were demonstrated, and the need for it to be practiced with consistency was emphasized.

COMPREHENSIVE HIGH SCHOOL

ODE-IRELE, ONDO STATE



The school nurse educating members of the School Health Club on the importance of personal hygiene

Special Cases

- There were five cases of fainting in the school during the term. Three of the cases which were a result of hypoglycemia (low blood glucose) were properly managed in the sick bay, and resuscitation efforts were successful. The other cases were referred and accompanied by the nurse to the General Hospital after resuscitation efforts were unsuccessful. The students were followed up until full recovery and resumption in school.
- Two cases of first-degree burns were reported to the sick bay. The wounds were infected upon inspection and healing poorly and traditional treatments used to manage them at home had worsened their condition. The nurse was able to manage the infected wounds through alternate wound dressing and antibiotic therapy with positive results.
- There was a case of a student with severe bleeding from a penetrating injury near the eye, inflicted by another student.

The bleeding was arrested, and the patient was taken to the Primary Health Center for stitching.

Community Engagement

- Community outreach was conducted at the Tailors' Association near the round-about area in Irele. The association was educated on the risk modification for hypertension and diabetes mellitus. A total of 27 individuals had their blood pressure checked, and the individuals with elevated readings were appropriately counselled and referred to the nearby Primary Health Center.

Challenges/ Recommendations

- Provision of information, education and communication (IEC) materials in visual format would help to facilitate communication of relevant health information to students.

KAYARDA JUNIOR SECONDARY SCHOOL ABUJA

Sponsor: Dr. Akintoluwa Akinjaiyeju (for the Akinjaiyeju family)

Healthcare Professional in Charge: Nurse Grace Ochigbo

The **Cornerstone Grace Nurse A School Program School Clinic** activities involved the management and treatment of commonly reported conditions including headache, malaria, vomiting, menstrual cramps, abdominal pain, fever etc. A total of 729 visits were made to the sick bay for treatment, first aid management, check-ups, and counselling. 101 home referrals were made, and 2 PHC referrals were made with follow-up done until full recovery.

Special Case

2 students with sickle cell disease were identified by the nurses. Parents were contacted and confirmed that they were already on routine medications. Regular follow-up checks were conducted and when students were absent from school, parents were counselled on preventive measures to avoid frequent sickle cell crises.

DETAILS	OUTCOME
Total number of treated students	605
Total number of treated staff	124
Total number of treated students & staff	729
Total number of home referrals	101
Total number of PHC referrals	0
Total number of home visits	0

KAYARDA JUNIOR SECONDARY SCHOOL

ABUJA

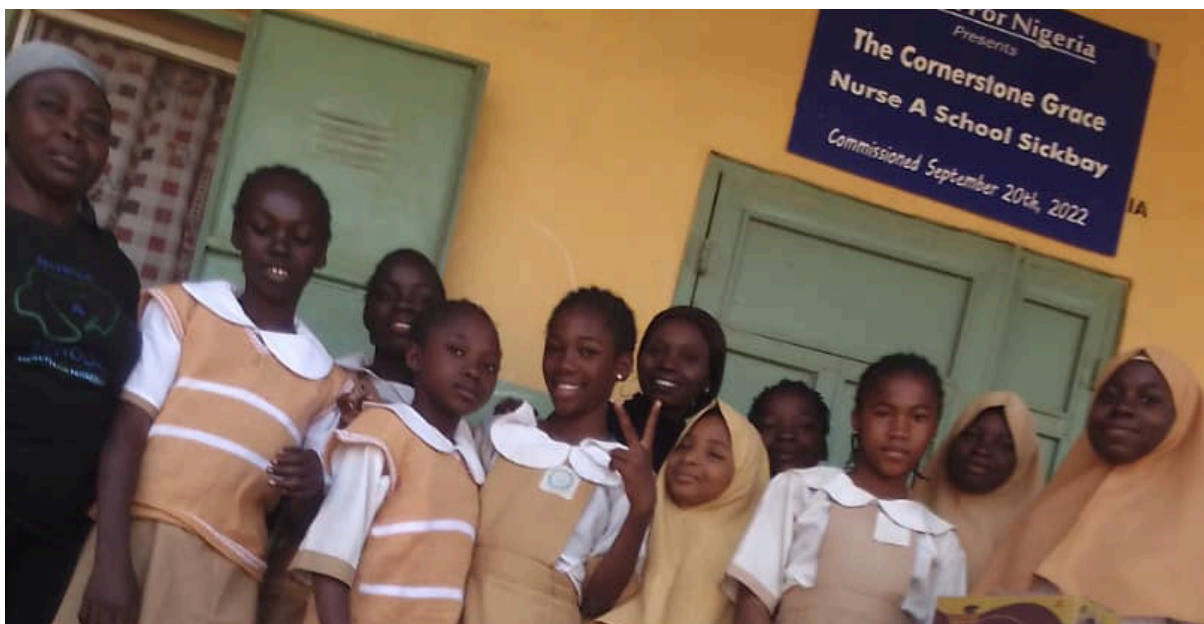
The action plan for the School Health Club for 2 terms was successfully implemented and the evaluation of students' understanding of the various topics taught showed that a positive impact has been made. Class-to-class interactions on health-related issues were conducted to complement the weekly SHC meetings. The total attendance for the SCH meeting was 918 while 22 new members joined the SHC. There was significant improvement in environmental and personal hygiene in the school community because of consistent health education. Parents are more responsive to the care of their ward/children because of the health awareness conducted by the nurse during the Parents-Teachers-Association meeting. Follow-up of students with serious cases was ensured by the nurse until full recovery.

DETAILS	OUTCOME
Number of club attendance	918
Number of new students	22
Number of regular club members	84

Key Advocacy

The nurse in charge advocated for better water and toilet facilities for the students, the school administration acted by providing new toilet facilities, more water containers and new filters for the water tank serving the school community.

KAYARDA JUNIOR SECONDARY SCHOOL ABUJA



Some students from the School Health Club during an education session with the school nurse

Community Engagement

- Since the launch of the program, 6 communities within the Kuje area of Abuja have benefitted from the community outreach initiatives. Community engagement was conducted in Danfara village on the 13th of April, 2024. The nurse emphasized the importance of proper drainage systems in the maintenance of a healthy environment and the health hazards associated with poor environmental hygiene practices.
- 25 individuals had their blood pressure and blood sugar tests done, 7 individuals had health challenges and were counselled and referred to the Primary Health Center. The second phase of the community engagement was conducted on the 21st of April 2024 in Bamishi Village. 30 individuals were educated on the dangers of high blood pressure and diabetes mellitus and tests were conducted. The affected individuals were counselled and advised to visit the local Primary Health Center.

Challenges

- A major challenge is the increased frequency of injuries among students in the school, which was duly addressed by consistent general assembly health education on injury prevention. Other challenges include the scheduling of the School Health Club and insufficient support from the school administration. Many extra-curricular activities interfered with the regularity of the health clubs meeting during the term.

ST MONICA'S GIRLS GRAMMAR SCHOOL

ONDO, ONDO STATE

Sponsor: Mr. and Dr. Jolade

Healthcare Professional in Charge: Nurse Omtotosho Olufunmi

The major ailments attended to in the school clinic are dysmenorrhea, minor injuries, abdominal pain, malarial symptoms, etc. Routine blood pressure checks and fasting blood sugar were regularly carried out for staff members for early detection of hypertension and diabetes mellitus. There was a total of 749 clinic visits for the year and a total of 10 home referrals. There has been a drastic reduction in PHC and home referrals in comparison with the previous year. The Nurse actively participated in the professional training and implementation of the rollout of the human papillomavirus (HPV) vaccine among adolescent females 9-14 years in the school in the fight against the prevalence of cervical cancer. In October, which was Breast Cancer Awareness month, students were educated on breast cancer, its symptoms, causes, myths, and risk factors. Breast self-examinations were demonstrated, and the need for it to be practiced with consistency was emphasized.

DETAILS	OUTCOME
Total number of treated students	699
Total number of treated staff	50
Total number of students & staff treated	749
Total number of home referrals	10
Total number of PHC referrals	0
Total number of home visits	0

ST MONICA'S GIRLS GRAMMAR SCHOOL

ONDO, ONDO STATE

The School Health Club had 21 sessions of interaction on health-related issues spanning topics like obesity, cholera, typhoid fever, syncope, cardiopulmonary resuscitation, diarrheal diseases etc. Members were encouraged to actively participate in the meeting by teaching one another as supervised by the nurse in charge during some of the sessions. The total attendance for the session is 601 with 52 regular SHC members. Awareness creation on the prevention of cholera was conducted during the period of widely reported national outbreak, the importance of food and water hygiene was stressed, and the school administration was encouraged to treat the general water supply in the school community.

DETAILS	OUTCOME
Number of club attendance	601
Number of new students	30
Number of regular club members	52

Special Cases

- On the 8th of July, a student experienced a fainting episode due to hypoglycemia. The parent was notified, and further treatment was sought in the nearby PHC. Regular calls were placed to the mother during the period of her absence until full recovery.
- There was a case of a student with complaints of abdominal cramps. It was later detected that she had undergone an illegal abortion without the supervision of a medical professional. The school authority involved the parents and law enforcement agency members.
- The nurse continued to emphasize the consequences of unprotected sex and teenage pregnancy in her weekly health education sessions with the students.
- On the 5th of November 2024, a student with known sickle cell disease was accompanied to the sick bay with complaints of headache. The parents were immediately invited while medications were administered and bed rest recommended. However, her condition worsened and she was transported to the General Hospital where she later died.

ST. MONICA'S GIRLS GRAMMAR SCHOOL

ONDO, ONDO STATE



The nurse in charge conducting health assembly checks to promote personal hygiene in the school

Community Engagement

- A community outreach initiative was conducted on the 5th of April, 2024 at the Sawmill/Plank Market in the Ife Garage Area of Ondo City. The topic of discussion was "Adequate Diet". Blood pressure checks were done for 30 people; 5 individuals with high BP readings were referred to the nearby PHC for proper medical management. The organization was well appreciated by the beneficiaries of the outreach.
- A second community outreach initiative was conducted on the 13th of August 2024 at the Building Materials Zonal Meeting Arigbabola and Hairdressers' Association Zonal Meeting at Elewuro. The management of depression and the importance of maintaining mental health were discussed. A total of 36 individuals were attended to during this community engagement session.

Visitations

- The school was visited by Prof. Elsie Jolade and Dr. Kukoyi, and they donated necessary drug supplies to the sick bay. A school alumni group also visited and provided scholarships and donated uniforms and sandals to indigent students.

Challenges

- Reduction in School Health Club activities due to competing curricular activities. No permission for junior classes to participate in the club meetings.
- The inconvenience of attending to boarding students at odd hours after school, without support from the school for transport.

METHODIST GIRLS' GRAMMAR SCHOOL

IFAKI-EKITI, EKITI STATE

Sponsor: The Akintade Family

Healthcare Professional in Charge: Nurse Nweke Esther

The common ailments attended to in the school clinic are fever, dysmenorrhea, wounds, abdominal pain, and malarial symptoms. Routine blood pressure checks and fasting blood sugar were regularly carried out for staff members for early detection of hypertension and diabetes mellitus. The nurse actively participated in the professional training and implementation of the rollout of the human papillomavirus (HPV) vaccine among adolescent females 9-14 years in the school, in the fight against the prevalence of cervical cancer. Awareness creation on the prevention of cholera was conducted during the period of widely reported national outbreak, the importance of food and water hygiene was stressed, and the school administration was encouraged to treat the general water supply in the school community.

DETAILS	OUTCOME
Total number of treated students	592
Total number of treated staff	85
Total number of students & staff treated	677
Total number of home referrals	32
Total number of PHC referrals	6
Total number of home visits	0

METHODIST GIRLS' GRAMMAR SCHOOL

IFAKI-EKITI, EKITI STATE

The School Health Club (SHC) had 15 sessions of interaction on health-related issues ranging from ulcers, rape, dehydration, hydration, food hygiene, first aid and cholera. The total attendance for the year was 862 with 55 regular club members. We were also able to focus on some international health awareness days. In September, which was Sickle Cell Awareness Month, the SHC students were educated on sickle cell disease/anemia and the importance of genotype testing.

In October, which was Breast Cancer Awareness Month, the students were educated on breast cancer, its symptoms, causes, myths, risk factors etc. through a mini-drama presentation which involved questions and answers, breast self-examination was taught and demonstrated, and this greatly impacted the attitude and knowledge of the students to the condition.

The second week of November was World Cervical Cancer Elimination Week; therefore, an assembly health talk was done on cervical cancer. We discussed the causes, how to prevent being exposed through multiple sexual partners, the availability of free immunization for girls between the ages of 9 to 15 years, and free screening at the Federal Teaching Hospital in Ido-Ekiti for sexually active women between the ages of 25 years to 49 years.

DETAILS	OUTCOME
Number of club attendance	862
Number of new students	30
Number of regular club members	55

Visitations

- Some alumni members visited the school on the 8th of June 2024, to commission the newly built E-library and donated some other items to the school. The nursing students of Ekiti State University Teaching Hospital visited the school on International Menstrual Hygiene Day (May 28) to educate the female students and distributed sanitary pads.

METHODIST GIRLS' GRAMMAR SCHOOL

IFAKI-EKITI, EKITI STATE



The nurse in charge conducting a School Health Club activity; educating students on various health promotion topics.

Community Engagement

- A community outreach initiative was done on the 27th of April 2024 at Oke-Oja Bikers' Garage. 14 people had their blood pressure checked and 6 of them were appropriately counselled and referred to the Primary Care Center. The Garri Factory was also visited with 30 people participating in health education. 19 had their blood pressure checked and those with high BP readings were counselled regarding lifestyle modifications/medications, and referred to the nearby PHC for further treatments.
- On the 27th of August 2024, the Odo-Oja Hairdressers' and Barbers' Association benefitted from health education on health-promoting lifestyles, which included diet, exercise, adequate sleep and rest. 50 people were in attendance with 36 people willing to check their blood pressure. 2 individuals had high blood pressure readings and were properly counselled and referred to the nearby Primary Health Centre.

Challenges

- Attendance of the School Health Club meeting has reduced in comparison to the last session because of more curricular activities and reduction in the number of senior students joining the meeting. The nurse has suggested that rewarding regular attendees will serve as motivation.
- The nurse has recommended a rape campaign in the school and other schools in the community next term after receiving reports of high number of attempted rapes among female adolescents. The organization has been making efforts towards potential partnerships and collaboration with other organizations (Governmental/NGOs) addressing Gender-Based Violence (GBV) in the states or nationally.

BAPTIST GRAMMAR SCHOOL IRESI, OSUN STATE

Sponsor: Dr. Oluwatosin Olateju

Healthcare Professional in Charge: CHEW Victoria Olatoye

The **Dr. Oluwatosin Olateju, Nee Adeyemo Nurse A School Program School Clinic** activities involved the management of reported health complaints, first-aid management, routine BP and fasting blood sugar checks, counselling, and health education. There was a total of 451 visits to the school sickbay for health-related concerns, 5 home referrals and 5 PHC referrals. Assembly health talk was regularly conducted every week, as well as assembly health inspections to assess student hygiene. Awareness creation on the prevention of cholera was conducted during the period of a widely reported national outbreak. The importance of food and water hygiene was stressed, and the school administration was encouraged to treat the general water supply in the school community.

DETAILS	OUTCOME
Total number of treated students	451
Total number of treated staff	38
Total number of students & staff treated	489
Total number of home referrals	5
Total number of PHC referrals	5
Total number of home visits	3

BAPTIST GRAMMAR SCHOOL

IRESI, OSUN STATE

The School Health Club (SHC) had 17 sessions of interaction on health-related issues ranging from such topics as water hygiene, mental health, drug abuse, nutritional education, and balanced diet to menstrual hygiene etc. Members were made to actively participate in the meeting through demonstrations by the Community Health officer in Charge during some of the SHC sessions. The total attendance for the year was 1961 with 120 regular club members.

DETAILS	OUTCOME
Number of club attendance	1961
Number of new students	43
Number of regular club members	120

Community Engagement

- A community outreach initiative was conducted on the 4th of August 2024 in the Baptist Church in Iresi. Health education was conducted on the importance of regular medical checkups (blood pressure and blood sugar checks). A question-and-answer session was done where health misconceptions were cleared among the congregation. 39 people were attended to (some individuals declined), and 8 of the participants had a history of hypertension.
- They were also enlightened and counselled on the importance of adherence to their drugs. A few essential drugs, such as Paracetamol and Oral Rehydration Salt (ORS) were also distributed according to individual needs.

BAPTIST GRAMMAR SCHOOL

IRESI, OSUN STATE



The nurse in charge, conducting community engagement on the importance of regular medical check ups at the Baptist Church in Iresi.

Visitations

- Dr. Oluwatosin Olateju visited the school sick bay. The Community Health officer in charge briefed her on the impactful activities of the program in the school so far. They also discussed the challenges encountered in providing care, such as lack of access to drinking water and toilet facilities.
- The National Drug and Law Enforcement Agency (NDLEA) officials visited the school on the 20th of May 2024, to enlighten the students on the consequences of drug abuse and youth health outcomes.

- Impact Water, a non-governmental organization also, visited the school to educate the students on the importance safe water sources.

Challenges

- Challenges faced by the Community Health Worker include communication barriers, delays by students before reporting at the sickbay, and poor parental concern about children's health.

OREKI SECONDARY SCHOOL OGHARA, DELTA STATE

Sponsor: Friends of Obruché Eduvie

Healthcare Professional in Charge: CHEW Joy Amadin

The **Late Mr. Obruché Eduvie Nurse A School Program School Clinic** activities include health consultation and counselling, first aid management for students, regular blood pressure for known hypertensive staff members and wound dressing for students with injuries. Assembly inspections and health talks were conducted on a regular basis, and critical cases were referred for proper management. The major health cases attended to were injuries, menstrual cramps, vomiting, malaria fever, and first-time diagnosis of hypertension among staff members.

There were a total 235 visits to the school sickbay for health-related concerns, 4 home referrals and 1 PHC referrals. The Community Health Worker also assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the human papillomavirus vaccine in the school. As part of the Breast Awareness Month in October, 2024, the students were educated on signs and symptoms of breast cancer, and how to palpate for breast lumps through consistent breast self-examination.

DETAILS	OUTCOME
Total number of treated students	170
Total number of treated staff	65
Total number of students & staff treated	235
Total number of home referrals	4
Total number of PHC referrals	1
Total number of home visits	1

OREKI SECONDARY SCHOOL

OGHARA, DELTA STATE

The School Health Club (SHC) had 14 sessions of interaction on health-related issues spanning topics like oral hygiene, teenage pregnancy, abortions, HIV/AIDS education, nutritional education etc. Members actively participated in the meetings through demonstrations by the Community Health officer in charge during some of the SHC sessions. The total attendance for the year was 488, with 68 regular club members. Awareness creation on the prevention of Cholera was conducted during the period of a reported national outbreak, the importance of food and water hygiene was stressed, and the school administration was encouraged to treat the general water supply in the school community.

DETAILS	OUTCOME
Number of club attendance	488
Number of new students	30
Number of regular club members	68



Members of the School Health Club receiving awareness on common infections, personal and toilet hygiene by the school counsellor.

OREKI SECONDARY SCHOOL

OGHARA, DELTA STATE



One of the nurses conducting a blood pressure check during a community engagement outreach initiative

Community Engagement

- A community outreach initiative was conducted on the 8th of August, 2024, in the Oghara Junction Market, Oghara. The market women were educated on Hypertension (risk, prevention and management). They also asked questions and misconceptions were dispelled. A total of 39 people had their blood pressure checked and 9 individuals with high blood pressure were counselled appropriately on lifestyle modification and referred to the nearby Primary Health Centre.

Challenges

- The major challenge is the security threat in the school. On the 5th of June, 2024, the sickbay was burgled and some drugs and items in the sickbay were stolen (weight scale, glucometer, sphygmomanometer, curtains, blankets, etc.). The school administration has since promised to increase security in the school. However, we are left with the difficult choice of transporting important drugs and items to and from the clinic to avoid a repeat of the previous security breach.

BASHORUN OJOO HIGH SCHOOL

IBADAN, OYO STATE

Sponsor: Mr. John Smith

Healthcare Professional in Charge: Nurse Victoria Ige

The **Prestige Healthcare Resources Nurse A School Program School Clinic** activities involved the management of reported health complaints, first-aid management, routine BP and fasting blood sugar checks, counselling, and health education. The major health cases addressed were malaria, menstrual cramps, abdominal discomfort, and injuries. There was a total of 112 visits to the school sickbay for health-related concerns, 1 home referral and 0 PHC referrals. The nurse assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the Human Papillomavirus vaccine carried out in the school. The nurse has also been partnering with the nearby Primary Health Centre to make it easy for the escalation of serious cases from the sick bay.

DETAILS	OUTCOME
Total number of treated students	136
Total number of treated staff	54
Total number of students & staff treated	190
Total number of home referrals	1
Total number of PHC referrals	1
Total number of home visits	0

The School Health Club had 14 sessions of interaction on health-related issues, divided between the junior and senior classes. Some of the topics discussed include personal hygiene, sexual health, mental health, first aid treatments, environmental hygiene, cholera, and skin bleaching. Members were encouraged to actively participate in the meeting through demonstrations by the Community Health officer in Charge during some of the health club sessions.

BASHORUN OJOO HIGH SCHOOL

IBADAN, OYO STATE

The total attendance for the year was 416 with 27 regular club members. Weekly health education on several health topics during the morning assembly sessions and health inspection were conducted to encourage student personal hygiene.

DETAILS	OUTCOME
Number of club attendance	540
Number of new students	3
Number of regular club members	27

Community Engagement

- A community outreach initiative was conducted on the 12th of April at the Ajibode area of Ibadan, Oyo State, on the importance of maintaining a healthy lifestyle. Blood pressure checks and blood sugar tests were conducted for approximately 20 people. There were individuals with high blood pressure readings, with some having existing knowledge and others detecting it for the first time. The affected individuals were adequately counselled and referred to the Primary Health Center.
- A community engagement initiative was also done on the 25th of August, 2024 at the Redeemed Christian Church of God, Agbowo, Ibadan Oyo state, with 30 people receiving health awareness. Blood pressure checks and blood sugar tests were carried out for all the adults present. One of the participants had a very high fasting blood sugar (334mg/dl). She admitted that she had not been aware of her hyperglycemic status before the test. She was adequately counselled and encouraged to visit the hospital for medical treatment. Additionally, known hypertensive patients among the congregation who had not been adhering to their prescribed medications were advised on consistency.

Challenges

- The major challenge faced by the Nurse in charge is the downward trend in the number of attendances of the School Health Club members due to the lack of a fixed venue for the SHC activities, and the issue of parents sending their children to school without any knowledge of their health status.

EKUNLE HIGH SCHOOL 1

ISEYIN, OYO STATE

Sponsor: Mr. John Osode

Healthcare Professional in Charge: Nurse Abidoye Abimbola

The **Mr. John Osode Nurse A School Program School Clinic** activities include the management of reported health complaints, first-aid management, routine blood pressure and fasting blood sugar check, counselling, and health education. The common health complaints addressed were fever, diarrhea, indigestion, headache, hypertension, and minor injuries. There was a total of 426 visits to the school sickbay for health-related concerns, 10 home referrals and 22 hospital referrals.

There was awareness creation on cholera prevention during the nationwide outbreak of the disease. The nurse also assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the human papillomavirus vaccine, which was carried out in the school. In October, which is breast cancer awareness month, students were educated on what breast cancer is, its symptoms, causes, myths, and risk factors. Breast self-examinations were demonstrated and the need for it to be practiced with consistency was emphasized.

DETAILS	OUTCOME
Total number of treated students	303
Total number of treated staff	123
Total number of students & staff treated	426
Total number of home referrals	10
Total number of PHC referrals	22
Total number of home visits	1

EKUNLE HIGH SCHOOL 1

ISEYIN, OYO STATE

The School Health Club had 16 sessions of interaction on health-related issues coordinated by the nurse. Several topics were discussed, ranging from healthy diet, oral hygiene, personal and environmental hygiene, safety precautions in the school to first aid treatment. The total attendance for the first half of the session was 989 with 68 regular club members. Weekly health education on several health topics during the morning assembly sessions and health inspection were conducted where student hygiene status was inspected.



The nurse in charge conducting the School Health Club activity, informing students about health promotion activities

DETAILS	OUTCOME
Number of club attendance	989
Number of new students	42
Number of regular club members	68

EKUNLE HIGH SCHOOL 1

ISEYIN, OYO STATE



Members of the Oluwalogbon Foundation (part of the school alumni), visiting the school on their 30th anniversary

Community Engagement

- At Owonikoko Motor Park, commercial drivers were educated on the importance of rest, self-care and general health check-ups. There was also a discussion on acute renal failure and hypertension. 46 individuals were reached and their blood pressure readings were checked. Those with high blood pressure readings were appropriately counselled and referred to the PHC for proper medical care.
- Another community engagement program was conducted on August 19, 2024, in Ilupeju Estate Sawmill area of Iseyin, Oyo State. The community outreach program was successfully conducted by Nurse Abidoye and Nurse Adesina, targeting the residents of the area. Blood pressure screening was conducted for 57 residents. Participants received counselling on the significance of regular health check-ups and the impact of stress on overall individual well-being. Some medications were also distributed to the appropriate participants.

Other Organizations/ Partnerships

- On the 23rd of May, 2024, after approval from Health for Nigeria, the College of Hygiene and Technology, Iseyin, Oyo State deployed 2 of their second-year Community Health students to our sickbay for their clinical placement for three months. The students were engaged in different activities to help sharpen their school health service skills. This is also in recognition of the impact of the organization on the host community.
- The Oluwalogbon Foundation established by one of the alumni visited the school. The representatives were impressed with the activities of the 'Nurse A School' program and promised to support the program in the school.

EKUNLE HIGH SCHOOL 2

ISEYIN, OYO STATE

Sponsor: Mr. John Osode

Healthcare Professional in Charge: Nurse Abidoye Abimbola

The **Mr. John Osode Nurse A School Program School Clinic** activities have been beneficial to the school community as a first line of contact for both students and staff. The management of reported health complaints, first-aid management, wound dressing of injuries, routine blood pressure and fasting blood sugar checks, counselling and health education were carried out. The major health cases addressed were malaria, fever, abdominal discomfort, and minor injuries. There was a total of 387 visits to the school sickbay for health-related concerns, 10 home referrals and 2 Primary Health Centre referrals.

There was also awareness creation on cholera prevention during the nationwide outbreak of the disease. The nurse advised the school management on water purification because of a high number of complaints of abdominal disturbance by students who drank water from the school water tank. Re-commencement of the use of water tanks and purifiers, which were previously utilized, was recommended to once again ensure access to clean and safe drinking water for students and staff. The nurse also assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the Human papillomavirus vaccine drive carried out in the school.

DETAILS	OUTCOME
Total number of treated students	302
Total number of treated staff	85
Total number of students & staff treated	387
Total number of home referrals	10
Total number of PHC referrals	2
Total number of home visits	0

EKUNLE HIGH SCHOOL 2

ISEYIN, OYO STATE

The School Health Club had 16 sessions of interaction on health-related issues. Several topics were discussed, ranging from cardiopulmonary resuscitation, wound care, skin bleaching, food hygiene, and first aid management to environmental hygiene. The total attendance for the year was 500, with 86 regular SHC members. Weekly health education on several health topics during the morning assembly sessions and health inspections were conducted where the student's personal hygiene status was assessed. The School Health Club has been instrumental in promoting health awareness and education among students, and its continued success is a testament to its importance in the school community.



Ms. Ruth Fasanya, HFN's Operations Coordinator with the students at Ekunle High School 2, during one of her routine visits

DETAILS	OUTCOME
Number of club attendance	500
Number of new students	32
Number of regular club members	86

EKUNLE HIGH SCHOOL 2

ISEYIN, OYO STATE

Community Engagement

- A community engagement initiative was held on the 15th of April, 2024, at Owonikoko Motor Park where the commercial drivers were educated on the importance of rest, self-care and general health check-ups. There was also discussion on acute renal failure and hypertension. 46 individuals were reached, and they had their blood pressure checked. Those with high blood pressure readings were appropriately counselled and referred to the PHC for proper medical care.
- Another community engagement program was conducted on August 19, 2024 in Ilupeju Estate Sawmill area of Iseyin, Oyo State. The community outreach program was successfully conducted by Nurse Abidoye and Nurse Adesina, targeting the residents of the area. Blood pressure screening was conducted for 57 residents, participants received counselling on the significance of regular health check-ups and the impact of stress on overall individual well-being. Some medications were appropriately distributed to the participants.

Challenges

Despite the School Health Club's success, challenges persist in holding meetings, including: Nonchalant attitudes among students, as the club is not part of the school curriculum, and time constraints because of the coincidence of club meetings with other extra curricular activities.

Other Organizations/ Partnerships

- On May 23, 2024, the 1993 set of old students from Ekunle High School visited their alma mater to celebrate their 30th anniversary. During their visit, they were delighted to see the new developments in the school's sickbay. They commended the organization, inquired about the operations of our health program, and offered to assist in the success of the program.
- The Oluwalogbon Foundation established by one of the alumni visited the school. The representatives were impressed with the activities of the 'Nurse A School' program and promised to support the program's efforts in improving the health outcomes for the students and staff.

ERIN COMMUNITY GRAMMAR SCHOOL

ERIN-IJESHA, OSUN STATE

Sponsor: Mr. Olakayode and Mrs. Temilola Omotoye

Healthcare Professional in Charge: CHEW Bankole Boluwatife

The **Hezekiah Olakayode and Florence Temilola Omotoye Nurse A School Program School Clinic** in Erin Community Grammar School, Erin Ijesha, was officially launched on the 4th of October, 2024. The clinic activities have positively impacted the school community since the commencement of the program. The management of reported health complaints, first-aid management, routine blood pressure and fasting blood sugar checks, counseling, and health education were carried out. The major health complaints addressed were malaria, injuries, abdominal aches, and minor injuries. There were a total of 200 visits to the school sickbay for health-related concerns, 2 home referrals, and 0 PHC referrals.

There was also awareness creation on cholera prevention during the nationwide outbreak of the disease. The nurse also assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the human papillomavirus vaccine drive, which was carried out in the school. In October, which was breast cancer awareness month, students were educated on what breast cancer is, its symptoms, causes, myths, and risk factors. Breast self-examinations were demonstrated, and the need for it to be practiced with consistency was emphasized.

DETAILS	OUTCOME
Total number of treated students	181
Total number of treated staff	19
Total number of students & staff treated	200
Total number of home referrals	2
Total number of PHC referrals	0
Total number of home visits	1

ERIN COMMUNITY GRAMMAR SCHOOL

ERIN-IJESHA, OSUN STATE

The School Health Club (SHC) was established on the 22nd of May 2024, with the topic of nutrition education, with 30 students present. The CHEW has been conducting subsequent meetings class by class on topics such as cholera, personal hygiene, food hygiene, household first aid management, parasitic worms, cardiopulmonary resuscitation etc. We are currently in talks with the school administration on how to integrate the SHC meeting into the school timetable. The total attendance for the year was 232, with 35 regular club members. Weekly health education on several health topics during the morning assembly sessions and health inspections were conducted where student personal hygiene status was inspected.



The Nurse in charge, educating some students about HIV/AIDS prevention during one of the School Health Club meetings

DETAILS	OUTCOME
Number of club attendance	232
Number of new students	30
Number of regular club members	35

ERIN COMMUNITY GRAMMAR SCHOOL

ERIN-IJESHA, OSUN STATE

Community Engagement

- On the 6th of August, 2024, a community outreach was conducted by the Community Health Extension Worker at the Complex in Erin-Ijesha. Health education was done on the risk management and modification for hypertension and diabetes mellitus, 30 persons were in attendance. Blood pressure check was done for those present and the 6 persons with high BP readings were adequately counselled and referred to the nearest hospital. 4 persons also had their blood sugar tests done which returned as normal. The youths present were educated on the risks involved with sexually transmitted diseases (STDs) and the importance of preventive measures.

Special Case

- A student had a positive pregnancy test in the sickbay after reporting at the sickbay with complaints of weakness and loss of appetite on the 10th of June 2024. The principal invited the parents of the pregnant student, but the invitation was not honoured, and attempts to reach the parents were unsuccessful.



HFN Operations Coordinator Ms. Ruth Fasanya, in the middle with the two nurses in Erin-Ijesha

ST STEPHEN'S GRAMMAR SCHOOL

ONDO, ONDO STATE

Sponsor: Mr. Yele and Mrs. Funmi Fadayomi

Healthcare Professional in Charge: CHEW Makinde Tosin

The **Yele and Funmi Fadayomi (and Kids) Nurse A School Program School Clinic** activities have positively impacted the school community since the commencement of the program. The major ailments attended to were fever, minor injuries, abdominal pain, ulcers, sprains, diarrhea, body pains etc. Routine blood pressure checks were carried out for staff members for early detection of hypertension. There has been a significant reduction in PHC and home referrals. The management of reported health complaints, first-aid management, routine blood pressure and fasting blood sugar check, counselling and health education were carried out. The major health complaints addressed were malaria, injuries, abdominal aches and minor injuries. There was a total of 424 visits to the school sickbay for health-related concerns, 9 home referrals and 0 PHC referrals.

There was also awareness creation on cholera prevention during the nationwide outbreak of the disease. The nurse also assisted the Primary Health Care workers during the national vaccination of female students (9-13 years) with the human papillomavirus vaccine drive which was carried out in the school. In October, which was breast cancer awareness month, students were educated on what breast cancer is, its symptoms, causes, myths, and risk factors. Breast self-examinations were demonstrated and the need for it to be practiced with consistency was emphasized.

DETAILS	OUTCOME
Total number of treated students	424
Total number of treated staff	31
Total number of students & staff treated	455
Total number of home referrals	9
Total number of PHC referrals	0
Total number of home visits	0

ST STEPHEN'S GRAMMAR SCHOOL

ONDO, ONDO STATE

The school health club has been used to achieve behavioural changes among students. Several topics were discussed (topics like drug abuse, first-aid management, environmental hygiene etc.) during the meetings. The total club attendance for the year was 350 and there were 66 regular club members. In October, which was breast cancer awareness month, students were educated on what breast cancer is, its symptoms, causes, myths, and risk factors. Breast self-examination was demonstrated and the need for it to be practiced with consistency was emphasized.



The nurse in charge discussing with the students on various health topics during the School Health Club meeting

DETAILS	OUTCOME
Number of club attendance	350
Number of new students	36
Number of regular club members	66

ST STEPHEN'S GRAMMAR SCHOOL

ONDO, ONDO STATE

Special Case

There was a case of a female senior student with complaints of recurrent abdominal pain, which had been previously managed with drug therapy without relief. On assessment and history-taking, the parents were reached, and an abdominal scan was recommended for diagnostic purposes. The student was later diagnosed with appendicitis, and appendectomy surgery was required. However, the parents have failed to take the student to the hospital for the procedure as of the time of the report.

Achievements

There has been an improvement in the general health and personal hygiene status of the students as a result of regular health inspections and education. The routine health checks of staff members have helped diagnose the previously undiagnosed and health counselling of those with pre-existing medical conditions.

Challenges

There's poor parental care for students. The school authority does not support the referral of students to the Primary Health Centre for emergencies or serious health cases. Home referrals are preferred, often resulting in poor continuity of care, and in some cases further medical treatment is not sought.



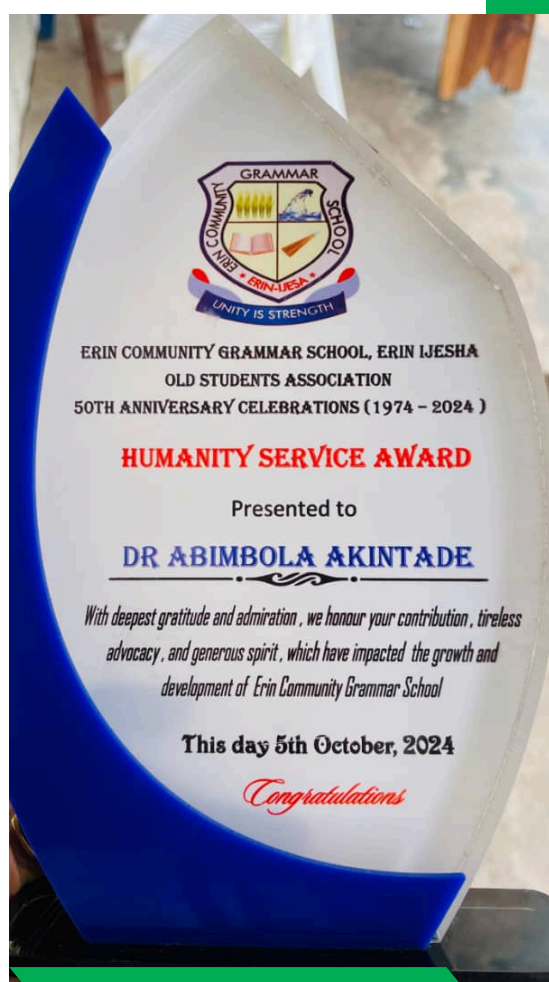
The nurse in charge engaging with the students during an Assembly Health Talk session

OTHER PROGRAM MILESTONES

Our team has been working tirelessly to develop programs that focus on preventive care, patient education and treatment. We have also collaborated with local organizations to provide health outreach programs, ensuring that even the most remote areas have access to essential healthcare services. Our commitment to excellence and compassion drives us to continually seek new ways to positively impact the lives of those we serve. In 2024, we launched our clinic in Erin Ijesha and we're hoping to launch more clinics in the future in our commitment to increasing access to healthcare for all Nigerians.

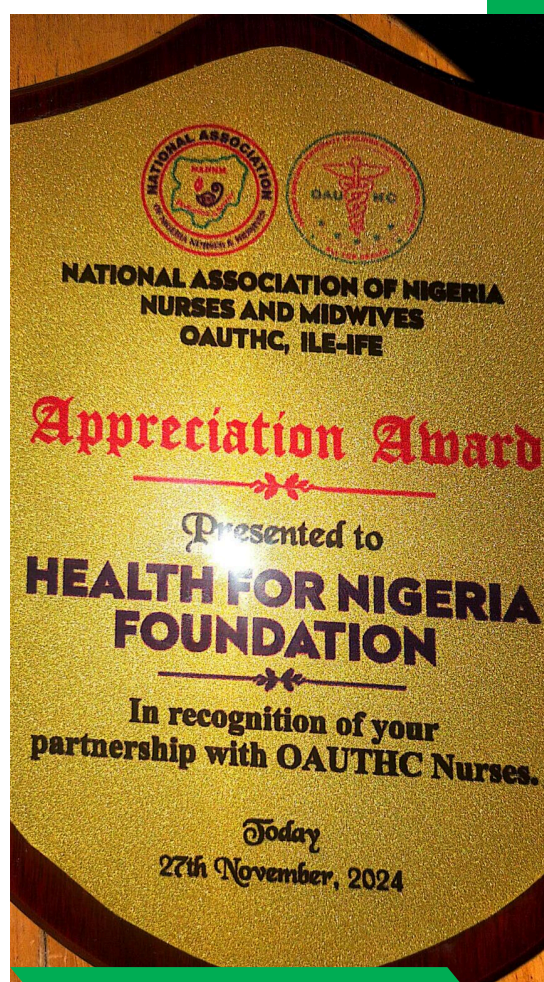
AWARD RECOGNITION

Dr. Bimbola Akintade was recognized for his contribution by the Erin Community Grammar School Old Student Association in Erin Ijesha.



APPRECIATION AWARD

Health For Nigeria Foundation received the Appreciation Award from the National Association of Nigerian Nurses and Midwives, OAUTHC, Ile-Ife.



OTHER PROGRAM ACTIVITIES

HFN QUATERLY LECTURE SERIES

On the 29th of May 2024, Health for Nigeria (HFN) hosted the first of its quarterly lecture series for the year. This time, we were joined by Dr. Adeleye Adeomi, MBBS, MPH, FWACP, FMMCPH. The lecture provided insights into key aspects of malnutrition, its implications, practical recommendations, and the way forward.

QUARTERLY LECTURE SERIES

The Burden of Malnutrition in Nigeria: Public Health Implications

GUEST LECTURER
Adeleye Adeomi, PHD
Public Health Practitioner, Nutritional Epidemiologist

IN THIS SESSION, WE WILL DISCUSS:

- DETERMINANTS OF THE DOUBLE BURDEN OF MALNUTRITION IN NIGERIA
- IMPLICATIONS OF THE DOUBLE BURDEN OF MALNUTRITION IN NIGERIA
- PRACTICAL RECOMMENDATIONS AND THE WAY FORWARD

HEALTH FOR NIGERIA
HEAL . LEAD . TRANSFORM

Wednesday
May 29, 2024

NG 1:00 PM WAT
US 8:00 AM ET

HFN NURSES' TRAINING

On the 25th of September 2024, the nurses received training on Fostering Healthy Lifestyles in the school community. The guest speaker was RMN Boluwatifemito Christiana Adesanya. She captivated the audience with her insightful presentation, emphasizing the importance of integrating health education into everyday learning. Her approach was both innovative and practical, offering strategies that the nurses could easily implement in their interactions with students and parents. RMN Adesanya highlighted the significance of creating supportive environments that encourage children to make healthier choices, from balanced nutrition to regular physical activity.

2024 END OF THE YEAR CONFERENCE AND CELEBRATION

The 2024 HFN End of the Year Conference and Celebration was a memorable event that brought together nurses and administrative staff to reflect on the year's successes, address challenges, and prepare for the future. The founder, Dr. Bim Akintade, thanked the team for their dedication and impact, emphasizing their pivotal role in advancing HFN's mission. Dr. Akintade shared an inspiring vision for 2025, focusing on strengthening the workforce, enhancing community engagement, and sustaining program excellence. He announced a N10,000 transportation stipend for all nurses to honor exceptional contributions and acknowledge the challenging economy. Award winners also received special bonuses, celebrating their hard work and dedication.

The event underscored HFN's commitment to supporting its staff while advancing its mission to improve healthcare access in Nigeria. The entire team left the celebration energized and optimistic about the year ahead, ready to continue making a meaningful difference in the lives of Nigerians in 2025.



	AWARDEES	AWARD RECEIVED
1.	Nurse Omotosho Omowunmi (St Monica Secondary School, Ondo State).	Above and Beyond
2.	Nurse Adesina Naimot (Ekunle High School 2, Iseyin, Oyo State)	Overall Growth
3.	Nurse Nweke Esther (Methodist Girls' High School, Ifaki, Ekiti State)	Outstanding Creativity
4.	CHEW Amandi Joy (Oreki Secondary School, Delta State)	Most Passionate
5.	Nurse Ochigbo Grace (Junior Secondary School, Kayarda Kuje, Abuja State)	Community Engagement Champion
6.	Nurse Abiodun Mercy (Awo Community Secondary School, Awo-Ekiti, Ekiti State)	Excellent Leadership
7.	St Monica's Grammar School, Ondo State	Health Club of the Year
8.	Ruth Fasanya and Luro Adeola	Administrative Leadership Award
9.	Busayo Akindolie	Volunteer of the Year
10.	Mr. Kenneth "EZE" Okwodu	Donor of the Year



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FINANCIAL REPORT FOR 2024

2024 COST OF SALARIES

MONTHLY SALARIES	AMOUNT
JANUARY	872,365.33
FEBRUARY	814,745.33
MARCH	814,745.33
APRIL	953,202.67
MAY	1,006,196.00
JUNE	1,006,196.00
JULY	1,036,196.00
AUGUST	1,036,196.00
SEPTEMBER	1,089,189.33
OCTOBER	1,065,006.00
NOVEMBER	1,065,006.00
DECEMBER (Including 10-15% Holiday Bonus)	1,164,497.67
TOTAL ANNUAL SALARIES	11,923,541.67

Table 1. Table showing the cost for salaries in the year 2024

2024 COST OF OTHER EXPENSES

MONTH	COST
JANUARY	
Balance for Erin- Ijesha Project	408,575.00
Drug Supplies For January	399,800.00
MARCH	
Delivery of items to Ekiti and Iseyin	9,000.00
Cabinet and Fumigation in Iresi	95,000.00
APRIL	
Repair of cabinet Iseyin (3,000) Community engagement Ibadan (2,000) Trip to Ibadan (9000)	14,000.00
Website Management (Proweavers)	980,000.00
MAY	
Cost for Survey	137,200.00
Tax fees for CAC	150,000.00
SEPTEMBER	
Inscription Board For Erin Ijesha Launching Osun	30,000.00
Drug Supplies For September	674,350.00
OCTOBER	
Outstation Allowance To Erin Ijesha Launching Osun	28,500.00
Outstation Allowance To Luro	61,000.00
NOVEMBER	
Transport Fare To Oauth Ile-Ife	25,000.00
Transport Fare To Iseyin	25,000.00
Delivery Fee Of Spygmanometer To Oree	5,000.00
DECEMBER	
Transport For Two Nurses In Ondo	11,700.00
Zoom (\$174.29)	297,500.00
TOTAL COST OF OFFICE EXPENSES FOR 2024	3,351,625.00

Table 2. Table showing the total cost of other expenses for the year 2024.

2024 MISCELLANEOUS EXPENSES

2024 MISCELLANEOUS EXPENSES	AMOUNT
Founders' Travel to Nigeria to Visit HFN Clinics (Flight, Transportation, and Logistics \$3250)	5,544,500
Equipment and Clinic Supplies taken to Nigeria during Founders Visit (\$457.08)	779,778.48
Clinic/Office Space in Ibadan, Oyo State (\$1500)	2,559,000
Shipping of Medical and Technology Equipment (\$280)	477,680
2024 HFN Award Bonuses	60,000
TOTAL COST OF MISCELLANEOUS EXPENSES FOR 2024	9,420,958

Table 3. Table showing the total cost of miscellaneous expenses for the year 2024.

TOTAL COST OF ALL EXPENSES

2024 FINANCIAL REPORT	AMOUNT
TOTAL ANNUAL SALARIES	11,923,541.67
TOTAL COST OF OFFICE EXPENSES FOR 2024	3,351,625.00
TOTAL COST OF MISCELENOUS EXPENSES FOR 2024	9,420,958
2024 YEAR END TOTAL EXPENSES	24,696,124.67

Table 4. Table showing the total cost of all expenses for the year 2024.



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NIGERIA**

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"Nurse A School" Program

This program aims to recruit registered nurses who will administer and run sickbays in public schools, assist in covid-19 recovery and resilience, and foster health literacy and awareness through school health clubs and community engagement.




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Expanding access to high quality primary medical care services to all Nigerians.



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ACKNOWLEDGEMENT

At Health For Nigeria, our success is made possible by the collective efforts of many extraordinary individuals and organizations. We extend our deepest gratitude to our esteemed Board Members, whose wisdom and guidance have been instrumental in steering us toward impactful achievements.

To our sponsors and donors, thank you for your unwavering generosity and belief in our mission. Your contributions have empowered us to transform lives and bring quality healthcare to underserved communities.

To our dedicated leadership team, nurses, and community health extension workers, your tireless commitment to service is the heart of HFN's impact. Your work on the frontlines, in schools, and within communities continues to inspire hope and create meaningful change.

Finally, to everyone who has supported HFN—whether by volunteering, spreading the word, or lending a helping hand—thank you for sharing in our vision of a healthier Nigeria. Together, we are building a legacy of compassion, resilience, and progress.

With gratitude,
The Health For Nigeria Team

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