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Welcome Message

Welcome to the June 2025 edition of HFN IMPACT!

We're excited to bring you up to date on our latest activities, initiatives, and progress as we work toward primary healthcare equity in Nigeria.

This month's issue is filled with inspiring stories, impactful projects, and key updates that reflect our ongoing mission to make quality healthcare accessible to all.




***"A healthy child is a learning child;
health and education together build the
strongest foundations for a nation's
future."***



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MEET THE TEAM



Founder

Dr. Bim Akintade

Dr. Bim Akintade is a Professor and Dean of the College of Nursing at East Carolina University, Greenville, North Carolina. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals, and other healthcare settings. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



Executive Director

Titus Oluwalade

Titus is a Clinical Supervisor and Registered Nurse with 18+ years of experience in medical-surgical, psychiatric, and telemetry care in Nigeria and the US. He leads multidisciplinary teams, enhances patient care, and implements evidence-based protocols. Currently at George Washington University Hospital specializing in stroke and epilepsy care, he holds a Bachelor's in Nursing and is pursuing a Master's in Leadership and Management to further improve nursing practice and patient care quality.



Senior Operations Coordinator

Ruth Fasanya

Ruth is an accomplished HR Operations & Business Partner with over 5 years of experience. Optimizing workplace operations and contributing to organizational growth through innovative solutions and strong interpersonal skills.



Nurse A, School Nursing Coordinator

Luro Adeola

Adeola is a dedicated registered nurse with a bachelor's degree in public health. Passionate about applying his training to make impactful contributions to HFN, he started as a school nurse in Ondo State and has advanced to become the Nurse A School Program Coordinator.



Technical Advisor

Busayo Akindolie

Busayo is a global health professional with a BHSc in Biomedical Sciences and an MHSc in Global Health Systems. With over five years of experience in program design, research, and stakeholder engagement, she specializes in mixed-methods research and project management. She is dedicated to advancing the Sustainable Development Goals through impactful, evidence-based solutions.

HFN IMPACT SNAPSHOT



12 School Sickbays Established

HFN has successfully set up 12 fully equipped sickbays across schools, ensuring students have immediate access to quality healthcare.



Over 30,000 Students Reached

HFN nurses have provided medical care, health education, and preventive services to more than 30,000 students, promoting healthier learning environments.



Operating in 6 States and 12 Communities

Our programs span six Nigerian states and 12 diverse communities, extending our impact to underserved areas and ensuring broad coverage



Over 30,000 Students Reached

HFN nurses have provided medical care, health education, and preventive services to more than 30,000 students, promoting healthier learning environments.



Healthcare Services for 6,000+ Nigerians

Beyond schools, HFN has delivered essential healthcare services—including screenings, treatments, and health counseling—to over 6,000 individuals in various communities.



Over 1,000 Faculty and Staff Attended To

HFN nurses have supported more than 1,000 teachers and school staff with professional medical care, recognizing their critical role in education and well-being.

EVENTS



FOUNDER'S VISIT TO PARTNER SCHOOLS

As part of our continued commitment to strengthening school partnerships, our founder, Prof. Abimbola Akintade and the operations team recently visited some of our partner schools. During the visit, they had the opportunity to engage directly with the school management teams to better understand the challenges faced on the ground and explore practical ways to provide additional support.

The principals expressed sincere appreciation for the ongoing efforts of the organization, noting the positive impact these initiatives are making on both their schools and the students. These discussions were insightful and reaffirmed our shared goal of fostering a healthier and more enabling learning environment.

We remain dedicated to deepening collaboration and tailoring our support to meet the evolving needs of the schools we serve.



EVENTS



NURSE A SCHOOL ACTIVITY

St. Monica Secondary School, Ondo

This month, we're spotlighting the impactful work of Health for Nigeria (HFN) through our Nurse A School (NAS) program, reinforcing our commitment to community well-being across our partner states. Our dedicated nurses continue to lead health inspections, engage in knowledge-sharing sessions, and promote healthier, more supportive school environments.

During the school assembly at St. Monica Secondary School, Ondo, members of the Health Club led an enlightening session on the topic of drug abuse, delivered confidently by student presenters.

The session focused on raising awareness about the harmful effects of drug misuse and its impact on physical, mental, and social well-being. Students discussed common causes of drug abuse among young people, including peer pressure, curiosity, and emotional stress, while emphasizing the importance of making informed, healthy choices. They also educated their peers on recognizing warning signs of drug abuse and encouraged anyone struggling—or aware of someone at risk—to seek help from trusted adults or professionals.



EVENTS



NURSE A SCHOOL ACTIVITY

At Oreki Secondary School in Oghareki, Delta State

At Oreki Secondary School in Oghareki, Delta State, Nurse Amadin facilitated an engaging and practical session on Cardiopulmonary Resuscitation (CPR) during the school's health club meeting. The session was designed to equip students with essential life-saving knowledge and emergency response skills that could make a critical difference in real-life situations.

Nurse Amadin began by explaining the importance of CPR, highlighting how prompt intervention can save lives during cardiac or respiratory emergencies. She carefully outlined each step of the CPR process, ensuring students understood the sequence of actions required to perform effective chest compressions and rescue breaths.

To reinforce this knowledge, students were given the opportunity to practice CPR techniques under Nurse Amadin's guidance. This hands-on component allowed them to demonstrate what they had learned, build confidence in their abilities, and correct any mistakes in real-time.



EVENTS



NURSE A SCHOOL ACTIVITY

At Comprehensive High School, Ode-Irele

During the recent Health Club meeting at Comprehensive High School, Ode-Irele, students participated in an informative session focused on understanding Malaria—one of the most prevalent health challenges in their communities. The discussion aimed to equip students with the knowledge to recognize the disease, understand its causes, and take preventive measures to protect themselves and their families.

The session began with an explanation of how malaria is caused by parasites transmitted through the bites of infected mosquitoes. Students learned about the malaria transmission cycle and how it thrives in environments with stagnant water. The facilitator emphasized the importance of early detection, explaining how timely treatment can significantly reduce complications and save lives.

Students were taught to identify key signs and symptoms of malaria, including fever, chills, headaches, vomiting, and general body weakness, empowering them to seek medical attention promptly if they or someone around them shows these signs.

In addition, the session highlighted practical preventive strategies such as sleeping under insecticide-treated nets, clearing stagnant water sources around homes, and maintaining clean surroundings to disrupt mosquito breeding. By the end of the meeting, students left with a stronger understanding of malaria prevention and a commitment to share this knowledge with their peers and families, contributing to healthier communities.

EVENTS



NURSE A SCHOOL ACTIVITY

At Bashorun Ojoo High School, Ibadan

During the Health Club meeting at Bashorun Ojoo High School, Ibadan, students participated in an enlightening and interactive session on constipation, a common digestive issue that can affect people of all ages. Led by Nurse Ige, the session aimed to raise awareness about the importance of digestive health and empower students with practical knowledge they could apply in their daily lives.

Nurse Ige explained the causes of constipation, such as low fiber intake, inadequate hydration, lack of physical activity, and ignoring the urge to use the restroom. She described common symptoms, including infrequent or difficult bowel movements, abdominal discomfort, and bloating, using simple language and relatable examples to ensure everyone understood.

The session emphasized the importance of maintaining a balanced diet rich in fruits, vegetables, and whole grains, drinking enough water, and engaging in regular physical activity as key steps to prevent constipation. Nurse Ige also stressed the need to listen to their bodies and avoid delaying trips to the restroom, as this can worsen digestive issues.

Students actively engaged in the discussion, asking insightful questions and sharing personal experiences. Their enthusiasm and willingness to learn created an open and supportive environment, helping to reinforce the importance of good digestive habits and overall well-being among their peers.

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DONOR SPOTLIGHT



Mr. and Mrs. Ayokunle Akintade

This month, we celebrate Mr. and Mrs. Ayokunle Akintade for generously sponsoring a school nurse's salary for an entire year. Their support helps us deliver vital healthcare services to students and achieve meaningful outcomes.

HFN is deeply grateful for their commitment and belief in our mission!



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SUPPORT HEALTH FOR NIGERIA – DONATE OR SPONSOR TODAY!



Health For Nigeria (HFN) is a non-profit organization empowering state governments to deliver quality primary healthcare across the country.

Through initiatives like Nurse-a-School and Adopt-a-PHC, HFN equips schools and rural communities with sickbays, licensed nurses, and essential health services

WHY YOUR SUPPORT MATTERS:

- Sponsor a school nurse for a full year and help keep young learners healthy and in class.
- Fund a sickbay to provide on-site care and health education in schools.
- Become a Vital Donor, giving ₦2 million or \$5 000+ annually, for exclusive benefits like on-site visits, updates, and event invites

DONATE NOW ➔

SCAN



**Name: Progressive
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